

# Hemorrhoids Treatment - Varying the Treatment for different Stages

Selecting the best **hemorrhoids** treatment for your **piles** may be challenging, particularly if you are currently suffering from a severe case of the ailment. In most circumstances, folks just desire to solve the problem rapidly and would gladly take any kind of solution in which promises to deliver relief. Grabbing the first solution to offer relief is not a wise course of action if you have not already clearly analyzed the phase of the problem as the treatment varies depending upon severity. There are several different stages in order to a case of **hemorrhoids** and individuals should understand exactly what they are dealing with before start the proper treatment.



- A quick article it is not possible to give detailed healthcare advice; however it can show the way ahead.
- So, with that in your mind, here are explanations of the different stages of hemorrhoids plus some initial thoughts about how to treat them.

## First Degree

The first phase is when the piles are still within the anus, making it very uncomfortably and itchy. At this point, the best treatment would be to treat the area by giving appropriate comfort. A proven way to accomplish that might be to use some cold compress, successfully numbing and soothing the anus and therefore abolishing the burning response. Note that during the first period, it is already possible to find a bit of blood on the stool or simply have the sensation of constantly getting full. Note that blood on the stools may have arisen from other causes and so a preliminary medical analysis ought to be sought.

## Second Degree

This degree begins to be distressing as you start to be able to feel as if your **bowel** movements are never complete. At this point, the piles become loose, threatening to fall out of the anus. During the second degree, the piles may well fall out of the anus throughout bowel movements and then quickly come back in again. This is why a lot of people think they are excreting a stool and not succeeding about it. The second degree is not always recognized by individuals and therefore home-cured, usually with ice in order to numb the pain. This treatment reduces pain but does not offer a real cure. Ought to there be any suspicion of hemorrhoid at this point however; individuals should consult a doctor right away. More successful home treatments are available.

## Third Degree

The third degree is reached anytime the body is no longer capable of automatically concealing the piles. Instead, sufferers would need to manually re-insert them to the anus and also that can be uncomfortable, if not painful. At this point, the situation can no longer be ignored and individuals need to seek the attention of a doctor as soon as possible.

## Fourth Stage

The fourth phase will be when it is no longer feasible to manually insert the fallen out piles into the anus. This is an infrequent condition as the majority of sufferers will have carried out some kind of treatment much earlier. Instead, the skin stays there permanently, successfully increasing the discomfort not only during bowel movement but also during all kinds of movement. Undoubtedly, affected individuals ought to be following the care of a physician at this point.



Preferably, people should speak with their doctor once they find something wrong with their bowel movement. The quicker an obvious diagnosis is provided then the quicker the right hemorrhoids treatment can be provided and the greater would be the chances of recuperation.

Remember in order to validate your suspicions of hemorrhoids by seeing a doctor for diagnosis before taking any drugs. For individuals who suspect one of the very early stages of hemorrhoids however, it is possible to begin a natural hemorrhoids treatment to make the task easier. This include consuming more fiber in the form of fruits and vegetables together with increasing the fluid ingestion. Simply put - drink more water. This way, the body would be able to start curing the problem by creating a more supple stool and dampening the painful inflammation of the blood vessels.

“ The Item Inspector, has been on the internet for over 15 years researching valuable solutions so you can enjoy all life has to offer. Do you want to learn more about identifying and treating your hemorrhoids? Learn more here... <http://hemorrhoidscurereviews.com/>



“ **Sadie Walters**

Sadie is a content marketing professional at [utioverthecounter.info](http://utioverthecounter.info), a collection of articles about medicine. In the past, Sadie worked as a advertising guru at a news startup. When she's not sourcing web articles, Sadie enjoys hiking and rock climbing.

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