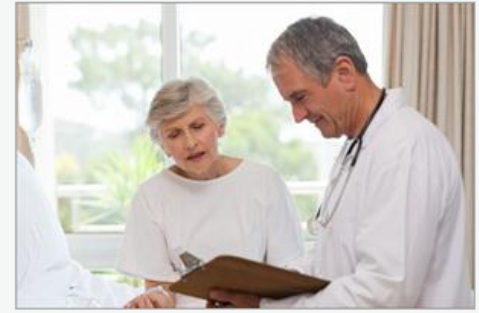


# How Long Do Hemorrhoids Last? - How to Get rid of them Quicker

**T**here are four distinctive stages of grades of hemorrhoid development. Depending on which stage you have reached will depend on how long your hemorrhoids will last.

## The First or the Very Least Severe Stage is Symptomatic of Blood on the Stool


There is rarely any pain felt and often people who are in this stage will not know that they have hemorrhoids or piles as they are sometimes called. If you do discover blood in your stool and suspect that you have piles, then just a small change in your diet will cure the problem. This should get no more than a day or two.



The second stage is a little more severe and is symptomatic of a prolapse becoming widespread when your bowels are under pressure. A prolapse normally protrudes from the body during times of pressure, such as when sneezing, coughing or have a bowel movement. The prolapse re-enters the body by itself one the pressure is released. A change in diet will help. There are a variety of foods that will help your body to overcome this disorder faster and there are foods that you should avoid currently. Recovery may take four to six days with the correct diet.

- The third stage is actually when the prolapse will not re-enter the body after pressure is not longer exerted and also required manual manipulation.
- A drastic change in diet is required and there are also topical ointments that will help to relieve the discomfort.
- The most disconcerting feature of this stage is the irritability and blood that often accompanies it.
- Treatment may take a few days to show results and you can expect to be on the road to recovery within two weeks.

“ *Hemorrhoids and Yoga: Poses and Exercises* Traditional hemorrhoid treatments include increasing oral fluid intake to improve hydration, fiber intake to provide the stool s solid structure, NSAID pain killers, hemorrhoids cushions, hemorrhoids herbs, hemorrhoids ointments, creams and pills....”




Finally, there is stage four, the most severe where the prolapse does not and cannot end up being manipulated back into the body. At this stage it is important to seek medical advice. Surgery may be required. There are a variety of different methods that can be undertaken, but to be able to ensure there are no complications, it is important to seek medical advice immediately.



- Hemorrhoids can be very frightening for anyone suffering from them.
- You don't have to feel embarrassed about this condition if you know what you need to do.
- Treating hemorrhoids is not difficult, but it does require a bit of time on your part.

Will show you an easy method Cures Hemorrhoids Safely in 48 Hours, Already Proven By Thousands To Have Eliminated Pain & Embarrassment For good ..."Are you tired of constricting your diet or perhaps work - hoping for relief? Plus, the many other "management" burdens of this on your daily life? Click Here For Hemorrhoid Cure Natural Way.

“ **Sadie Walters** *Sadie is a content marketing professional at utioverthecounter.info, a collection of articles about medicine. In the past, Sadie worked as a advertising guru at a news startup. When she's not sourcing web articles, Sadie enjoys hiking and rock climbing.*”



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